



# Exercise Science: An Introduction to Health and Physical Education

*Ted Temertzoglou, Paul Challen*

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Thompson Educational is proud to present Exercise Science: An Introduction to Health and Physical Education. This learning material was developed for the Grade 12 Physical Education curriculum (PSE4U). Exercise Science offers a unique blend of anatomy and physiology, combined with social and historical aspects of Canadian sport. Developed in association with the Ontario Physical and Health Education Association.



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