



Achieve and Succeed: Learn The Most Effective Goal Setting Techniques Ever Devised and Turn Your Dreams Into Reality

Ian D. Major

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Self Help: Achieve and Succeed. Learn The Most Effective Goal Setting Techniques Ever Devised and Turn Your Dreams Into Reality

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Is it useful to know how to set and achieve goals?

When I was much younger than I am now, I didn't think so, and, I didn't know how. I left school at the age of 15 not knowing what I wanted from life or how to get it. After suffering the humiliation and frustration of one dead-end job after another, I joined the military.

Among the many skills that I learned whilst serving in the army, was how to read a map and a compass. Doesn't sound all that exiting does it? And what has that got to do with setting goals anyway?

Once I had learned how to read a map and compass, I could use them to find out where I was at any given time, study my map to find out where I had to get to and plot a course to arrive at my destination via the most appropriate route and in a specific amount of time. I soon realized that I had been taught **how to set a goal and achieve it.**

From that point on, I never hit a dead end ever again. Through the intervening years up to the present day I have honed and practiced my goal setting techniques by borrowing ideas from others, testing and adjusting, until I had a system that worked, each time, every time.

Any successes in my life, and I have had many, are purely attributable to having followed the personal development methods and goal setting techniques that I share with you in this book.

I have provided you with a Map and a Compass". I will teach you how to use them. Then it's up to YOU to achieve your dreams.

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