



Taste Test Raw

*Chef Brian James "Be*Live" Lucas*

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The latest collection of recipes from celebrated Chef Be*Live. Chef Be*Live placed #1 as Favorite Gourmet Raw Chef in the only international raw food contest the Best of Raw 2010 and also placed high in 2008 and 2009. He considers himself a "transitional" gourmet raw chef, specializing in creating raw living cuisine that tastes superb thereby helping make people's first experience with raw living foods equal to many of their cooked favorites. Believing that most individuals need a good tasting experience to transition into eating more fresh fruits, vegetables, nuts and seeds, he has encouraged a multitude of people to discover a healthier diet through flavorful raw living plant based cuisine. A number of influential individuals such as Jake Gyllenhaal, Keenan Ivory Wayans, Woody Harrelson, Nick Nolte, Jeremy Piven, Andy Dick, Mike D, Anna Getty, Aileen Getty, Angela Bassett, John Salley, Rohan Marley, Brett Dennon, AC Green, Bleona Qereti, Michael Beckwith, Ammach, Brittany Daniel, Barry Zito, Greg Cipes, Ed Begley Jr., Cathlene Silvers, Anthony Borden Ward, Peter Nygard, Vassiliy Jirov, Bai Ling and many more have enjoyed his culinary artistry. "Never before have my body and my palate been so simultaneously pleased and nourished! Thank you Be*Live for enlivening my mind, body and spirit. Amazing and delicious in every way!" -- Regina Hall, Actor "With Chef BeLive's recipes, your food will be Going Going Gone off your plate." -- Kathy Freston "Chef Be*Live truly is a RawkStar!! I originally met Brian, now known as Chef Be*Live, along my raw journey in 1997 when he & Juliano Brotman were working together. They were truly doing some amazing & unbelievable raw food creations! Later when Brian opened Organica: The Living Cuisine, I experienced the explosion of his culinary talents come shining through. He is absolutely a passionate & creative inspiration! He taught me a lot about the raw food culinary world! He also walks his path with incredible integrity & sincerely has one of the biggest hearts of any chef I know. In love & devotion." -- Roxanne Klein

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The actual book Taste Test Raw will bring that you the new experience of reading a book. The author style to clarify the idea is very unique. Should you try to find new book you just read, this book very ideal to you. The book Taste Test Raw is much recommended to you to study. You can also get the e-book in the official web site, so you can quicker to read the book.

David Ramos:

A lot of people always spent all their free time to vacation or go to the outside with them family or their friend. Did you know? Many a lot of people spent they free time just watching TV, as well as playing video games all day long. If you want to try to find a new activity that is look different you can read any book. It is really fun for you personally. If you enjoy the book that you read you can spent 24 hours a day to reading a reserve. The book Taste Test Raw it is extremely good to read. There are a lot of those who recommended this book. We were holding enjoying reading this book. In the event you did not have enough space to bring this book you can buy the actual e-book. You can m0ore easily to read this book from the smart phone. The price is not to cover but this book provides high quality.

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