



21st Century Understanding Cancer Toolkit: Cancer Causes and Prevention, Cancer and the Environment, Comprehensive Coverage of Specific Risk Factors and Prevention by Type and Organ System

National Cancer Institute

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This massive compendium, with over 500 pages and fifty chapters, has authoritative information and practical advice from the nation's cancer experts about the causes and possible prevention of all types of cancer. In addition to easy-to-read discussions, there is substantial professional material on this vital topic. Conveniently organized contents include: Cancer and the Environment * Abortion, Miscarriage, and Breast Cancer Risk * Agricultural Health Study * Antioxidants and Cancer Prevention * Antiperspirants/Deodorants and Breast Cancer: Questions and Answers * Artificial Sweeteners and Cancer * Asbestos Exposure and Cancer Risk * Aspartame and Cancer * Benzene Causes Lowered Blood Cell Counts in Workers Exposed at Low Levels * Calcium and Cancer Prevention: Strengths and Limits of the Evidence * Cell Phones and Cancer Risk * Chemicals in Meat Cooked at High Temperatures and Cancer Risk * Oral Contraceptives and Cancer Risk: Questions and Answers * COX-2 Inhibitors and Cancer * Fluoridated Water: Questions and Answers * DES: Questions and Answers * Formaldehyde and Cancer Risk * Garlic and Cancer Prevention: Questions and Answers * H. pylori and Pancreatic Cancer * H. pylori and Cancer * Hair Dyes and Cancer Risk * Human Papillomaviruses and Cancer: Questions and Answers * Human Papillomavirus (HPV) Vaccines * Magnetic Field Exposure and Cancer: Questions and Answers * Menopausal Hormone Replacement Therapy Use and Cancer * Obesity and Cancer: Questions and Answers * Physical Activity and Cancer * Pregnancy and Breast Cancer Risk * Radon and Cancer: Questions and Answers * Red Wine and Cancer Prevention * Simian Virus 40 and Human Cancer * Statins and Cancer Prevention * Psychological Stress and Cancer: Questions and Answers * Tea and Cancer Prevention * Vasectomy and Cancer Risk * Exposure to Iodine-131 * **CANCER PREVENTION BY ORGAN SYSTEM** * Breast Cancer * Cervical Cancer * Colorectal Cancer * Endometrial Cancer * Esophageal Cancer * Liver (Hepatocellular) Cancer * Lung Cancer * Oral Cancer * Ovarian Cancer * Overview of Cancer Prevention for Professionals * Prostate Cancer * Skin Cancer * Stomach (Gastric) Cancer * An extensive supplement provides background data on cancer; information on how to find resources in your own community; questions and answers about cancer; cancer information sources; cancer in the environment - what you need to know and what you can do; and facing forward - life after cancer treatment. * Prevention is defined as the reduction of cancer mortality via reduction in the incidence of cancer. This can be accomplished by avoiding a carcinogen or altering its metabolism; pursuing lifestyle or dietary practices that modify cancer-causing factors or genetic predispositions; medical intervention (e.g., chemoprevention); or early detection strategies that can result in removal of precancerous lesions, such as colonoscopy for colorectal polyps. The promise for cancer prevention is derived from observational epidemiologic studies that show associations between modifiable lifestyle factors or environmental exposures and specific cancers. For a few exposures, randomized controlled trials have tested whether interventions suggested by epidemiologic studies and leads based on laboratory research result in reduced cancer incidence and mortality. * This is a privately authored news service and educational publication of Progressive Management. For over a quarter of a century, our news, educational, technical, scientific, and medical publications have made unique and valuable references accessible to all people. Our e-books put knowledge at your fingertips, and an expert in your pocket!

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