



# The Two Truths about Love: The Art and Wisdom of Extraordinary Relationships

*Jason B Fischer MA LPC*

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Some relationships last, others fall apart, and still others seem to thrive and grow as the years go on. The Two Truths About Love is a guide to creating this third type of relationship—an extraordinary partnership wherein each partner feels fully accepted and loved as they are. Designed over the course of thousands of hours conducting face-to-face counseling sessions with clients, psychotherapist and former Buddhist monk Jason B. Fischer's unique approach has already improved the lives of countless individuals and couples.

The two secrets to creating extraordinary relationships are simple: partners must 1. Give permission for the other person to be who they truly are while also 2. Taking responsibility for their own reactions, behaviors, assumptions, and expectations of their partner and the relationship. This book gives readers the tools to start giving permission and taking responsibility in their own relationships and offers strategies for letting go of dissatisfaction and habitual conflicts. In short, accessible chapters, readers learn how to put these seemingly simple rules into practice to regain balance and peace in their partnerships.

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