



# **Cooking Well: Low-Carb Sugar-Free Desserts: Over 100 Recipes for Healthy Living, Diabetes, and Weight Management**

*Victor Kline*

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**The complete guide to preparing delicious desserts: *low-carb and sugar-free!***

If you are counting your carbs, diabetic, or just trying to cut back on your sugar intake, you have probably been craving the forbidden foods: cakes, pies, cookies, ice cream, and other desserts. Now, pastry chef **Victor Kline** has created over 100 delicious recipes to satisfy the sweetest tooth...*even yours!*

## **Over 100 Low-Carb Sugar-Free Recipes Including:**

- \* New York Style Cheesecake
- \* Chocolate Chip Cookies
- \* Pumpkin Pecan Pie
- \* Tiramisu
- \* Fudge
- \* Chocolate Ice Cream
- \* Sugar-Free Sugar Cookies
- \* Pound Cake
- \* Chocolate Creme Pie
- \* Brownies

With the introduction of some remarkable sugar substitutes like Splenda, you can indulge in your favorite goodies without the guilt. With easy-to-follow instructions and easy-to-find ingredients, **Cooking Well: Low-Carb, Sugar-Free Desserts** is an essential cookbook for your kitchen.

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