



Cooking Well: Low-Carb Sugar-Free Desserts: Over 100 Recipes for Healthy Living, Diabetes, and Weight Management

Victor Kline

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The complete guide to preparing delicious desserts: *low-carb and sugar-free!*

If you are counting your carbs, diabetic, or just trying to cut back on your sugar intake, you have probably been craving the forbidden foods: cakes, pies, cookies, ice cream, and other desserts. Now, pastry chef **Victor Kline** has created over 100 delicious recipes to satisfy the sweetest tooth...even yours!

Over 100 Low-Carb Sugar-Free Recipes Including:

- * New York Style Cheesecake
- * Chocolate Chip Cookies
- * Pumpkin Pecan Pie
- * Tiramisu
- * Fudge
- * Chocolate Ice Cream
- * Sugar-Free Sugar Cookies
- * Pound Cake
- * Chocolate Creme Pie
- * Brownies

With the introduction of some remarkable sugar substitutes like Splenda, you can indulge in your favorite goodies without the guilt. With easy-to-follow instructions and easy-to-find ingredients, **Cooking Well: Low-Carb, Sugar-Free Desserts** is an essential cookbook for your kitchen.

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