



# **The Mind Has Mountains: Reflections on Society and Psychiatry**

*Paul R. McHugh*

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## **The Mind Has Mountains: Reflections on Society and Psychiatry** Paul R. McHugh

From strenuous opposition to physician-assisted suicide to a conviction that sex-correction surgery for newborns is cruel and misguided, Dr. Paul R. McHugh's opinions are strong and often controversial. In this collection of essays, McHugh demonstrates why he is one of the most thought-provoking figures in the academic world.

These pieces argue for a realistic appraisal of just what psychiatrists know and how they know it, with the aim of indicating how such knowledge can best be used not only for better patient care but also to reflect on and influence public issues and social movements. His essays will stimulate professional and popular discussion about the goals and effectiveness of current psychiatric practice.

McHugh sorts through the layers of what he terms the "culturally driven misdirection of psychiatry and psychotherapy" to explain concepts often misunderstood by nonscholars and the intellectual community alike. America's leading psychiatrist may inspire you or offend you, but he will certainly make you think.

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