



# What it Means to be a Man: God's Design for Us in a World Full of Extremes

*Rhett Smith*

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**We hear the story of David and Goliath and wonder, “Do we have what it takes to slay the giant?”**

Men today are confronted with many different expectations of who they’re supposed to be and what role they should be filling. By looking at history, the clichés of manhood, and what intimacy with God looks like, this short book will help men (and women) rethink what it means to be a man in today’s culture.

Counselor and pastor Rhett Smith works through tough questions like:

- How can men look up to role models without following their flaws?
- Is it possible to strike a balance between passivity and aggression?
- How can men speak up, find intimacy, and take care of others without neglecting themselves?

When Christ calls us to follow Him, He paves a path that is different than our cultural expectations, a path that leads us to a relationship with Him and to true knowledge of what it means to be a man.



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