



# No More Ritalin: Treating Adhd Without Drugs

*Mary Ann Block*

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## **No More Ritalin: Treating Adhd Without Drugs** Mary Ann Block

Every year in the U.S., over two million children are given the drug Ritalin to combat Attention Deficit and Hyperactivity Disorder (ADHD). Now, Dr. Mary Ann Block shows why Ritalin may be very dangerous to a child's health--and offers parents safer and more effective alternatives. Using thorough research and actual case histories from her clinic, Dr. Block provides powerful evidence that a drug-free approach works.

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