



# **The Baby Book: Everything You Need to Know About Your Baby from Birth to Age Two (Revised and Updated Edition)**

*James Sears, Martha Sears, Robert Sears, William Sears*

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The "baby bible" of the post-Dr. Spock generation, already embraced by hundreds of thousands of American parents, has now been revised, expanded, and brought thoroughly up-to-date -- with the latest information on everything from diapering to day care, from midwifery to hospital birthing rooms, from postpartum nutrition to infant development.

Dr. Bill and Martha Sears draw from their vast experience both as medical professionals and as the parents of eight children to provide comprehensive information on virtually every aspect of infant care. Working for the first time with their sons Dr. Bob and Dr. Jim, both pediatric specialists in their own right, the Seareses have produced a completely updated guide that is unrivaled in its scope and authority.

*The Baby Book* focuses on the essential needs of babies -- eating, sleeping, development, health, and comfort -- as it addresses the questions of greatest concern to today's parents. *The Baby Book* presents a practical, contemporary approach to parenting that reflects the way we live today. The Seareses acknowledge that there is no one way to parent a baby, and they offer the basic guidance and inspiration you need to develop the parenting style that best suits you and your child. *The Baby Book* is a rich and invaluable resource that will help you get the most out of parenting -- for your child, for yourself, and for your entire family.



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