



# Understanding Race, Ethnicity and Power: The Key to Efficacy on Clinical Practice

*Elaine Pinderhughes*

Download now

[Click here](#) if your download doesn't start automatically

# Understanding Race, Ethnicity and Power: The Key to Efficacy on Clinical Practice

*Elaine Pinderhughes*

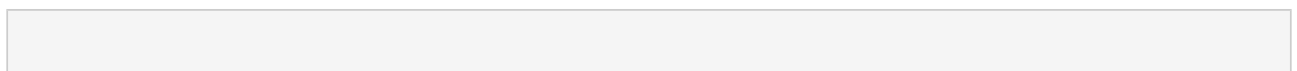
**Understanding Race, Ethnicity and Power: The Key to Efficacy on Clinical Practice** Elaine Pinderhughes

While practitioners in the social services and mental health professions work with people from a variety of ethnic, racial, social, and economic backgrounds, they often do not understand or feel comfortable with those whose cultural backgrounds are different from their own. Several books have addressed this problem by examining the ethnic diversity of clients, surveying the behaviors and values of various groups. Elaine Pinderhughes moves far beyond this limited client-oriented approach to reveal the pervasive influence of race, ethnicity, and power on the practitioner's own identity and in interactions with others -- peers, subordinates, and superiors, as well as clients.

Experiences related to cultural difference can cause individuals to develop negative, ambivalent, or confused perceptions, attitudes, and beliefs about themselves and others. In a cross-cultural treatment encounter, these internalizations can compromise the ability of the practitioner to provide effective assistance to the client; at the same time, they may cause the client to misperceive or distort the intentions of the practitioner. To overcome these obstacles, practitioners must transcend the cultural blindness of the "melting-pot" perspective in which the white middle class is assumed to be the norm and develop a greater understanding and appreciation of differing needs and values. Pinderhughes emphasizes that the development of this cross-cultural sensitivity requires that practitioners first attain an awareness and comprehension of their own cultural background and its meaning and significance for their interactions with others. Practitioners who understand and value their own ethnicity are in a better position to value that of their clients, and to help them overcome psychological conflict and feelings of alienation resulting from experiences related to their cultural identity.

*Understanding Race, Ethnicity, and Power* enhances cross-cultural awareness by examining the influence of racial and ethnic identity upon the psychological and social dynamics of interactions among individuals from diverse backgrounds. Pinderhughes emphasizes the primary role of power in the dynamics of cross-cultural communication and examines how power and lack of power, which are inherent in the roles of clinician and client and in their cultural group statuses, can affect clinical processes and outcome. Through examples drawn from her clinical practice and the numerous cultural sensitivity training workshops she has conducted at universities, health facilities, agencies, and professional meetings nationwide, as well as through her review of the most current professional thinking and empirical data, Pinderhughes helps individual practitioners clarify the meaning and values implicit in their own attitudes, feelings, and behaviors, and shows how to incorporate these insights in daily clinical practice to better control, and even change, their own biases.

Elaine Pinderhughes offers a comprehensive, judicious, and insightful approach to issues that have been too long ignored. *Understanding Race, Ethnicity, and Power* is a vital new resource for all practitioners and students seeking to deepen cultural sensitivity in clinical practice and a lasting contribution to improved understanding in our pluralistic society.



 [\*\*Download\*\* Understanding Race, Ethnicity and Power: The Key t ...pdf](#)

 [\*\*Read Online\*\* Understanding Race, Ethnicity and Power: The Key ...pdf](#)

## **Download and Read Free Online Understanding Race, Ethnicity and Power: The Key to Efficacy on Clinical Practice Elaine Pinderhughes**

---

### **From reader reviews:**

#### **Timothy Grill:**

What do you concerning book? It is not important along with you? Or just adding material when you require something to explain what the one you have problem? How about your time? Or are you busy person? If you don't have spare time to accomplish others business, it is gives you the sense of being bored faster. And you have time? What did you do? All people has many questions above. They should answer that question because just their can do this. It said that about publication. Book is familiar in each person. Yes, it is right. Because start from on pre-school until university need this Understanding Race, Ethnicity and Power: The Key to Efficacy on Clinical Practice to read.

#### **Jose Pina:**

Reading a guide can be one of a lot of pastime that everyone in the world really likes. Do you like reading book therefore. There are a lot of reasons why people love it. First reading a e-book will give you a lot of new facts. When you read a guide you will get new information due to the fact book is one of several ways to share the information as well as their idea. Second, examining a book will make a person more imaginative. When you looking at a book especially fictional book the author will bring you to definitely imagine the story how the character types do it anything. Third, it is possible to share your knowledge to other individuals. When you read this Understanding Race, Ethnicity and Power: The Key to Efficacy on Clinical Practice, you could tells your family, friends and also soon about yours publication. Your knowledge can inspire the others, make them reading a e-book.

#### **Ina French:**

People live in this new day of lifestyle always make an effort to and must have the extra time or they will get great deal of stress from both lifestyle and work. So , once we ask do people have time, we will say absolutely yes. People is human not a robot. Then we question again, what kind of activity have you got when the spare time coming to you of course your answer will probably unlimited right. Then ever try this one, reading textbooks. It can be your alternative within spending your spare time, typically the book you have read is Understanding Race, Ethnicity and Power: The Key to Efficacy on Clinical Practice.

#### **Jane Rippeon:**

Don't be worry if you are afraid that this book will certainly filled the space in your house, you may have it in e-book means, more simple and reachable. This specific Understanding Race, Ethnicity and Power: The Key to Efficacy on Clinical Practice can give you a lot of pals because by you investigating this one book you have matter that they don't and make you actually more like an interesting person. That book can be one of a step for you to get success. This reserve offer you information that possibly your friend doesn't understand, by knowing more than other make you to be great persons. So , why hesitate? Let me have Understanding Race, Ethnicity and Power: The Key to Efficacy on Clinical Practice.

**Download and Read Online Understanding Race, Ethnicity and Power: The Key to Efficacy on Clinical Practice Elaine Pinderhughes #Q3GZVSWO8MD**

# **Read Understanding Race, Ethnicity and Power: The Key to Efficacy on Clinical Practice by Elaine Pinderhughes for online ebook**

Understanding Race, Ethnicity and Power: The Key to Efficacy on Clinical Practice by Elaine Pinderhughes Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Understanding Race, Ethnicity and Power: The Key to Efficacy on Clinical Practice by Elaine Pinderhughes books to read online.

## **Online Understanding Race, Ethnicity and Power: The Key to Efficacy on Clinical Practice by Elaine Pinderhughes ebook PDF download**

**Understanding Race, Ethnicity and Power: The Key to Efficacy on Clinical Practice by Elaine Pinderhughes Doc**

**Understanding Race, Ethnicity and Power: The Key to Efficacy on Clinical Practice by Elaine Pinderhughes Mobipocket**

**Understanding Race, Ethnicity and Power: The Key to Efficacy on Clinical Practice by Elaine Pinderhughes EPub**