



Gordon Ramsay's Fast Food: Recipes from the F Word

Gordon Ramsay

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Throw away the takeaway menus, ready meals and convenience foods! These days everyone wants fast food but at the same time they want to eat well. And there's no one better than Gordon Ramsay to show you how to cook real food fast and make it taste delicious too! With his unique style, high voltage energy and passion for good food Gordon shows how to get a great meal on the table in less time than it would take to have a takeaway delivered. Taking his theme from the new series of C4's "The F Word", his new bestseller is packed with ideas for 5-minute snacks, 10-minute main courses and 30-minute menus for all occasions. A cookbook for the way we live today, "Gordon Ramsay Fast" is the stunning follow-up to his fabulously successful "Sunday Lunch".

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