



What Your Doctor May Not Tell You About Menopause: The Breakthrough Book on Natural Hormone Balance (HEALTH, WOMEN'S HEALTH)

John R. Lee

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This revolutionary book about hormone replacement therapy--a classic bestseller since it was first published in 1996--is now fully revised and updated, providing potentially lifesaving facts and natural alternatives to balancing hormones.

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Anthony Wood:

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Keith Abell:

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Richard Ortega:

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David Baker:

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