



# Sculpting the Heart: Surviving Depression with Art Therapy

*Joyce White*

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## **Sculpting the Heart: Surviving Depression with Art Therapy** Joyce White

Most believe out there somewhere above the clouds, past the moon and stars is a world of joy, love, imagination and creativity. Down here on the third rock from the Sun, that is our genius, too, and we must not be talked out of it. I am a nonartist and wr

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