



The Radical Christian Life: A Year with Saint Benedict

Joan Chittister OSB

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Very little in this world stays fresh and life-giving for 1,500 years. But when that happens we should ask ourselves why and what that had to do with us.

In this book, *The Radical Christian Life: A Year with Saint Benedict*, Joan Chittister encourages us to look at that question. In an introductory essay she examines how the insights and values of the sixth-century Visionary Saint Benedict can illuminate today's search for a meaningful life. Then she leads us through the year, reflecting on twelve stories from Benedict's life, anecdotes that give us glimpses into his soul. More than that, she draws from these stories daily thoughts for the development of our own spiritual lives in this day and age.

Joan Chittister, OSB, is a Benedictine sister and international lecturer who has been a leading voice in spirituality for more than thirty years. She has authored over forty books, most recently Uncommon Gratitude and The Monastery of the Heart, part of a program she is helping to develop to enable lay groups to live Benedictine spirituality in a contemporary way.



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