



Pediatric Psychopharmacology For Primary Care

Mark A Riddle M.D.

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Confidently prescribe, monitor, and manage medications for childhood mental health disorders.

This game-changing resource from the American Academy of Pediatrics (AAP) arms you with a unique strategic approach - plus practice-tested, condition-specific treatment recommendations.

Free bonus digital tool! Get instant answers on specific conditions and medications from your desktop or mobile device!

Evidence-based conceptual framework

A clear, straightforward methodology - based on current research and clinical experience - defines discrete levels of psychotropic agents and spells out level-specific roles and responsibilities.

Group 1: Medications FDA-approved for youth for ADHD, anxiety, and depression - disorders for which pediatric primary care providers commonly initiate treatment and assume prescribing and monitoring responsibilities.

Administration and management information for each drug agent includes:

- Rationale for use
- Evidence supporting efficacy and safety
- Initial dosing and subsequent adjustments
- Measuring therapeutic success
- When to consult or refer

Group 2: Medications FDA-approved for youth, typically prescribed by specialists but often monitored in the primary care setting: antipsychotics, mood stabilizers, antidepressants, anxiolytics, and sleep aids. To support primary care clinician's collaborative role, usage rationales, efficacy data, and adverse effect profiles are specified for all of these agents.

Group 3: Medications not FDA-approved for youth that primary care clinicians will likely encounter. To support primary care clinician's collaborative role, efficacy data and adverse effect profiles are specified for these agents.

Proven, practice-focused guidance

Hands-on help spanning the therapeutic process:

- Assessing for common disorders
- Assessing for psychiatric comorbidities
- Identifying medication needs
- Informed consent
- Monitoring patient progress
- Managing side effects
- Managing multiple medications
- Stopping or changing medications

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