



# **International Handbook of Psychological Well-Being in Children and Adolescents: Bridging the Gaps Between Theory, Research, and Practice**

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# International Handbook of Psychological Well-Being in Children and Adolescents: Bridging the Gaps Between Theory, Research, and Practice

## International Handbook of Psychological Well-Being in Children and Adolescents: Bridging the Gaps Between Theory, Research, and Practice

This handbook addresses universal developmental and cultural factors contributing to child and adolescent mental health and well-being across the globe. It examines sociocultural contexts of development and identifies children's and adolescents' perspectives as critical to understanding and promoting their psychological well-being. It details the Promoting Psychological Well-Being Globally project's methodology for data collection and analysis, provides cross-cultural analyses of its findings, and offers a practical model for clinicians and other professionals seeking to apply this knowledge to real-life settings.

Featured topics include:

- Sexual health, gender roles, and psychological well-being in India.
- Psychological well-being as a new educational boundary in Italy.
- Mapping psychological well-being in Romania.
- Youth perspectives on contributing factors to psychological well-being in Sri Lanka.
- Culturally specific resilience and vulnerability in Tanzania.
- Longing for a balanced life – the voices of Chinese-American/immigrant youth in the United States.

*The International Handbook of Psychological Well-Being in Children and Adolescents: Bridging the Gaps Between Theory, Research, and Practice* is an invaluable resources for researchers, clinicians, scientist-practitioners, and graduate students in child and school psychology, social work, public health, positive psycholo

gy, educational policy and politics, and maternal and child health.

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