



# Clinical Neurotherapy: Application of Techniques for Treatment

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## Clinical Neurotherapy: Application of Techniques for Treatment

Neurotherapy, sometimes called EEG biofeedback and/or neurobiofeedback involves techniques designed to manipulate brain waves through non-invasive means and are used as treatment for a variety of psychological and medical disorders. The disorders covered include ADHD, mood regulation, addiction, pain, sleep disorders, and traumatic brain injury. This book introduces specific techniques, related equipment and necessary training for the clinical practitioner. Sections focus on treatment for specific disorders and which individual techniques can be used to treat the same disorder and examples of application and the evidence base for use are described.

\*An introduction for clinical practitioners and psychologists investigating neurotherapy techniques and application

\*Includes coverage of common disorders such as ADHD, mood regulation, addiction, pain, sleep disorders, and traumatic brain injury

\*Includes evidence base for use

\*Includes training methods for new users



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